



KIDS FAMILY DISCUSSION GUIDE for April 24-April 30, 2022

40 Days With The Risen King Pt. 1 — Emmaus

Family Activity: “Their Eyes Were Opened”

For this weeks activity, you will be explaining Communion to your family... but blindfolded! You'll definitely want to do this somewhere you don't mind getting a *little* messy. Start by sitting down as family and showing everyone one glass or bottle of juice and one slice of matzah or bread. At this point everyone should put on a blindfold! Once everyone is blindfolded, take turns passing the elements and pouring glasses of juice and breaking the bread. As the parent, lead your family in Communion but keep the blindfolds on. Once everyone partakes, remove the blindfolds! This demonstrates how Communion takes off the “blindfolds” from our eyes that can easily be blinded by fears, worries, and anxieties.

FOCUS: Luke 24:13-35

14 They were talking with each other about everything that had happened. **15** As they talked and discussed these things with each other, Jesus himself came up and walked along with them; **16** but they were kept from recognizing him.”

BIG IDEA 1 – Jesus had just been raised from the dead but two of Jesus’ disciples didn’t know that at this time. They were really sad! Jesus, who was near by these men as they began their 7 mile hike home, concealed his identity and began to walk with them on their journey home. Jesus asked them why they were so sad and began to explain the bible to them. Once they arrived, Jesus ate a meal with them. Jesus broke the bread, prayed, and gave it to them, but right as the men ate the bread their eyes were opened and they realized it was Jesus! Then, all of a sudden, Jesus vanished. The two men were so excited to see Jesus was alive that they rushed back to Jerusalem to tell the other disciples that he was alive!

Q1- If you took a long walk with Jesus what would you talk about? Why do you think Jesus concealed his identity while walking with the men? Why do you think the two men couldn’t tell it was Jesus?

FOCUS: II Kings 6:15-18

16 “Don’t be afraid,” the prophet answered. “Those who are with us are more than those who are with them.” **17** And Elisha prayed, “Open his eyes, Lord, so that he may see.” Then the Lord opened the servant’s eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha.”

BIG IDEA 2 – Elisha’s servant was afraid when he saw a large army coming to attack the city. Elisha prayed and asked God to open his eyes so he could see God’s army surrounding them. When God opened his eyes, he could see God’s vast army that was much larger than the enemy. Elisha’s servant, just like the two men walking to Emmaus, was so afraid and scared that he couldn’t see God was right there with them.

Q2- Was there a time when you felt alone or scared and didn’t feel like God was with you? Explain. What did Elisha mean when he said, “open his eyes?” Where is God when we’re scared?

FOCUS: I Corinthians 11:23-26

“For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.”

BIG IDEA 3 – Paul is talking about the act of taking Communion in this passage of scripture. You see, when Jesus died, his body was broken, just like we break the bread before we eat it, and Jesus’ blood was spilled, which we remember by taking the juice. Whenever we take Communion we are remembering what Jesus did for us on the cross. If he didn’t die for us we would not have forgiveness for our sins and we could not come into God’s big family. That’s why we take Communion, to remember what Jesus did for us! Communion also reminds us that one day Jesus will return to the Earth and we will take Communion with him as Jesus mentions in Matthew 26:29.

Q3- Have you ever taken Communion before? If so, explain what you think/thought it meant. Why is it important to remember the death and resurrection of Jesus, as believers? Communion is also a time to examine ourselves before we partake in it (I Cor 11:28). Is there any one or anything you may need to forgive or ask forgiveness for?

