



**KIDS FAMILY DISCUSSION GUIDE FOR May 15th - May 21st**  
**Luke-Acts: 40 Days With The Risen King Pt. 4 — “Believing Is Seeing”**

**Family Activity: Touch and See**

Sometimes, you have to feel it, to believe it. For this activity you’ll need a big paper grocery bag or a box. Grab some random objects around your house or yard and place them in the bag/box. Next, blindfold your first participant and have them reach their hand into the bag and try to guess an object. Give each person a timer of one minute to see how many objects they can guess right simply by feeling it.

**FOCUS: Luke 24:38-40**

**See My Hands And Feet**

*Jesus said to them, “Why are you troubled, and why do doubts arise in your hearts? See my hands and my feet, that it is I myself. Touch me and see.”*

**BIG IDEA 1** – The disciples had been hiding in fear for days while Jesus was in the grave. They did not remember the words Jesus had taught them about his death and resurrection. After Jesus had risen, he appeared first to Mary Magdalene and then to the two men on the road to Emmaus. Next, he appeared to the disciples while they were inside their house. Out of nowhere, *boom!* Jesus was standing in their midst! They were (understandably) shocked and puzzled by what they were seeing. Jesus reassured them it was actually him by showing them the holes in his hands and feet and the stab wound in his side. Jesus wanted them to see it was actually him by feeling his real body so, they could believe again.

**Q1- Have you ever seen anything so amazing it was hard to believe at first? (i.e. beautiful landscapes, a missed family member, etc). What do you think the main reason was for the disciples forgetting what Jesus had taught them, how he had to die but would be raised again on the third day?**

**FOCUS: I Peter 1:6-9**

**You Believe Although You Don’t See**

*“You love him, although you have not seen him, and you believe in him, although you do not now see him. So, you rejoice with a great and glorious joy which words cannot express”*

**BIG IDEA 2** – I am assuming most of us reading this have never seen Jesus with our own two eyes. Yet, we are committed to serving Jesus and live our whole lives devoted to his teachings and living them out in our own lives. Peter is pointing out in this letter how we believe in Jesus, although we have not seen him, because of the joy that we feel when following him. We do not have to see Jesus in order to believe that he is real and feel the positive effects he has on our life.

**Q2- What are some things you believe in even though you’ve never seen it personally? Even though you may have never seen Jesus, how do you know, personally, that he is real?**

**FOCUS: Philippians 3:10**

**Know Jesus**

*“All I want is to know Christ and to experience the power of his resurrection...”*

**BIG IDEA 3** – Paul writes in this letter that he really only wants one thing, and that is — to **KNOW JESUS** and to **EXPERIENCE** the **POWER** of his **RESURRECTION**. Paul wanted to know Jesus just like we would a really good friend. Paul wasn’t looking for more influence, or more money, or even more followers; Paul, simply wanted more of Jesus. And not any ol’ Jesus — the **RESURRECTED JESUS!** Jesus is alive and that is how we should know him. Not as someone who once lived, but as someone who is alive right now.

**Q3- If you could talk for one hour with one historical figure, who would it be and, why? What is the difference between a historical figure and Jesus? How do you get to know a friend? How do we get to KNOW Jesus? Give some examples.**

