



TABLE TALK

FAMILY DISCUSSION GUIDE for May 1-May 7, 2022

WEEKLY READINGS: Luke 24:36-49; Psalm 112; Prov.31:25-31; Psalm 91:1-7; Numbers 6:24-26; Matthew 6:9-13

LUKE-ACTS: 40 Days with the Risen King Pt. 2 – “Shalom in the Home”

Exploring the amazing 40-day journey of Jesus witnessing to over 500 people for 40 days after His Resurrection and before His Ascension

FOCUS: Luke 24:36-49

The Resurrected King Speaks “Peace” to the Disciples in their Home

“Then the two told what had happened on the way (to Emmaus) and how Jesus was recognized by them when He broke the bread. While they were still talking about this, Jesus himself stood among them, and said to them, “Peace be with you!”

BIG IDEA 1 – After seeing Jesus on the road to Emmaus, the two men ran to tell the disciples who were “gathered together behind locked doors in fear” (John 20:19). Jesus miraculously invades their home space and suddenly appears to them and says, “Peace be with you.” Although He could have said anything to them, Jesus chose to speak, “Peace” (or “shalom” in Hebrew). NOTE: Jesus did not just say, “Peace,” but He said, “Peace be WITH you.” This should remind us that since Jesus paid for our sins through His atoning work on the Cross, believers can now **EXPERIENCE** the peace Jesus gives within us.

Q1- Why do you think Jesus chose to say, “Peace be with you” as His first words to His disciples after His Resurrection? Do you believe it’s significant that He chose to visit them in their home? If so, why? Have you ever experienced a sense of fear before yet you felt Jesus speak, “Peace,” to your heart? If so, what was that experience like?

FOCUS: Psalm 112; Prov. 31:25-31; Psalm 91:1-7; Numbers 6:24-26 **Scriptural Prayers for Shalom in YOUR Home**

BIG IDEA 2 – Sometimes fear, anxiety, and stress can creep into our home life and try to steal the PEACE/SHALOM Jesus died to give us! One of the best ways to counter-act those times is to speak God’s Word and invite The Prince of Peace - Jesus - into those situations that we are dealing with. Praying for one another provides spiritual comfort, strength, and confidence into one another. Some suggested prayers based on Scripture are: Psalm 112 (for men); Proverbs 31:25-31 (for women); Psalm 91: 1-7 (for children/youth) and Numbers 6:24-26 for the entire **household**. Try to personalize each one.

Q2-How often to pray for the peace of Jesus to be upon those in your relational household? Have you prayed these verses (or others) over them before? If so, what are those experiences like? If not, what are some things that are holding you back?

FOCUS: Matthew 6:9-13

The Lord’s Prayer: A Pattern for Persistent Personal Prayer

“Your prayers, rather, should be simple, like this..” (Matthew 6:9, The Voice)

BIG IDEA 3 – When Jesus’ disciples observed their Master praying, they said to Him, “Lord teach us how to pray!” (Luke 11:1). The way Jesus was praying was undoubtedly from a place of deep personal love, admiration, and simple intimacy with Father God. There are at least three specific themes to The Lord’s Prayer that may help us as we approach our personal prayer time with the Father that is marked by intimacy, simplicity and fervency. Try thinking about and expanding upon this simple pattern as you recite The Lord’s Prayer and see what effect it may have in your own daily prayer time:

PRAISE – “Our Father, in Heaven, hallowed be Your name...” (pause and take time to just praise the Lord for His goodness)

PETITIONS – ¹May Your Kingdom come, Your will be done on Earth as it is in Heaven, ²Give us this day, our daily bread, ³Forgive us our debts, as we also have forgiven our debtors, ⁴lead us not into temptation, but deliver us from evil”

PROCLAMATION – “For Yours is the Kingdom, Yours is the power, and Yours is the glory forever. Amen.”

Q3- Do you think this 3-part pattern for praying through The Lord’s Prayer is helpful for personal prayer? Why/why not?
