

## TABLE TALK

FAMILY DISCUSSION GUIDE for May 15-May 21, 2022

WEEKLY READINGS: Luke 24:38-40; John 20:24-29; I Peter 1:6-9; Philippians 3:10; Psalm 27

### LUKE-ACTS: *40 Days with the Risen King Pt. 4 (FINAL) – “Believing IS Seeing”*

Exploring the amazing 40-day journey of Jesus witnessing to over 500 people for 40 days after His Resurrection and before His Ascension

#### FOCUS: Luke 24:38-40; John 20:24-29    **The Resurrected King Appears to a “Doubting Thomas”**

*Jesus said to them, “Why are you troubled, and why do doubts arise in your hearts? See my hands and my feet, that it is I myself. Touch me and see” (Luke 24:38-39a)*

**BIG IDEA 1** – As we conclude this *40 Days with the Risen King* series, we see in both Luke and John’s gospel accounts the story of some doubting disciples that Jesus appears to after His resurrection. One of His disciples – Thomas – was missing when Jesus first appeared to them. Although they told Thomas of the miracle of seeing and talking to the Resurrected King, he doubted them saying, *“Unless I see...I will never believe”* (John 20:25). Jesus re-appears to them 8 days later and this time Thomas declares, *“My Lord and my God!”* Jesus replies that we are more blessed if we don’t see than when we do (vs. 29).

**Q1- Why do you think Jesus said in John 20:29, “Blessed are those who have not seen, yet believe?” Have you doubted God before? If so, what was the situation? What are some things the Lord did to help you regain faith in Him?**

---

#### FOCUS: I Peter 1:6-9

#### **Believing IS Seeing**

*“You love him, although you have not seen him, and you believe in him, although you do not now see him. So, you rejoice with a great and glorious joy which words cannot express” (I Peter 1:8).*

**BIG IDEA 2** – Throughout this series, we have mentioned how Jesus appeared to over 500 people over 40 days. The number “40” in the Bible usually stands for **testing**. Here, the Apostle Peter is saying that the trials we experience in life actually help to *“test the genuineness of your faith”* (vs. 6). He then encourages believers that although we may not have physically seen or walked with Jesus – as he did – we still love Him, serve Him, and remain faithful to Him with an inexpressible joy.

**Q2- Do you believe that Jesus is alive today? Although you may have not physically seen Him, what evidence or demonstrations do you have that prove to you personally that Jesus is alive today?**

---

#### FOCUS: Philippians 3:10

#### **Get to KNOW The Resurrected King and Receive His POWER for Living**

*“All I want is to **know** Christ and to **experience** the power of his resurrection...” (Philippians 3:10a)*

**BIG IDEA 3** – One of the reasons why we believe Jesus walked the earth for 40 days after His resurrection was so people could get to know Him as the true Messiah who **conquered death**. Here, we see the Apostle Paul stating that one of his chief goals in life is simply to KNOW Christ – intimately and personally – and to EXPERIENCE the power of His resurrection.

**Q3- Think of one of your closest friends or family members. How did you REALLY get to know them? Did you get to know them just by reading stories about their life or by having real life experiences and conversations with them? What do you think it means to *“experience the power”* of Christ’s resurrection in your everyday life?**

---