

The deeper the roots go,  
the stronger the tree grows.  
*"They are like trees growing beside a stream -  
trees that produce fruit in season and always  
have leaves. Those people succeed in  
everything they do."* Psalm 1:3

### THE "TREE" STAGE

# P PRAY

Devote some time to prayer as you start your day: (Based on Matthew 6:9-13)

**\*Praise** = Begin by thanking God for who He is, what He has done, and what He is doing.

**\*Petitions** = Ask the Lord to meet specific needs for yourself, your family, and the world.

**\*Proclamations** = Declare by faith that no matter what happens today, God is good, the Lord reigns, and blessed are those who put their complete trust in Him!

# R READ

Reading God's Word daily can cause incredible transformations to take place in your life and it will fully equip you in your discipleship journey with Jesus. Begin meditating, memorizing, and/or journaling some of the following Bible verses listed here around the idea of growing as a fully devoted follower of Jesus this month:

Psalm	John	Ephesians	Mark	Luke	Deuteronomy	Joshua	Ephesians	Matthew	Revelation
1:1-6	15:1-17	3:14-21	8:34-38	9:51-62	6:1-9	24:14-24	4:14-32	28:16-20	1:1-8

# A ASK

Take time to ask the Lord about growing as His disciple as you meditate/reflect on these questions:

1. Which word best describes your current discipleship "growth season?" List 2-3 reasons why.

- Winter (Dormant)
- Spring (Emerging)
- Summer (Flourishing)
- Fall (Changing)

2. Which area of discipleship would you like to experience more growth in this season?

- Growing in intimacy with Jesus (**personally** embracing spiritual disciplines)
- Growing as a spiritual leader in your home (**family**)
- Gathering, serving, and giving more to your local church (**community**)
- Accepting more personal responsibility to grow in the 3 areas above (**maturity**)

3. Which of the following "Top 10" personal spiritual disciplines would you like to practice more? Why?

Prayer/ Intercession	Scripture Reading	Scripture Memorization	Sabbath Rest	Fasting	Tithing/ Offering	Serving	Witnessing	Meditating/ Journaling	Solitude/ Silence
-------------------------	----------------------	---------------------------	-----------------	---------	----------------------	---------	------------	---------------------------	----------------------

# Y YIELD

What are some ways that you can yield (*give the right of way*) to the Lord in this season? What are you willing to surrender to Him so that you can walk more freely with Him?

### SAMPLE PRAYER:

"Lord, give me Your strength to abide in You this season like never before. You promise that as I abide in you, you will abide in me and make me more and more fruitful."