

IMAGE
The fruit images the roots.

"We will reap a harvest of blessings if we don't give up."
Galatians 6:9b

THE "FRUIT" STAGE

P PRAY

Devote some time to pray as you start your day intentionally. (Based Matt. 6:9-13)

***Praise** = Begin by thanking God for who He is, what He has done, and what He is doing.

***Petitions** = Ask the Lord to meet specific needs for yourself, your family, and the world.

***Proclamations** = Declare by faith that no matter what happens today, God is good, the Lord reigns, and blessed are those who put their complete trust in Him!

R READ

Reading God's Word daily has been proven to increase faith and spiritual confidence while decreasing doubt and insecurity. Begin meditating, memorizing, and/or journaling some of the following Bible verses listed here around the idea of bearing the image of Jesus as the fruit of the Holy Spirit emerges from your life this season:

Romans	Galatians	John	Matthew	Luke	Genesis	Psalm	Philippians	Galatians	Revelation	Proverbs	Mark
8:29	5:16-25	8:36	7:16-20	10:1-2	1:28	92:12-15	1:9-11	6:6-10	22:1-4	11:30	4:1-34

A ASK

Meditate and reflect on the following questions:

- Which of the above Scriptures makes the most sense to you about bearing the fruit of the Holy Spirit? List 2-3 reasons why.
- Which area(s) of your life would like to see more fruitfulness in this year? (Gal. 5:22)
 - Your Private Life (*Love; Joy; Peace*)
 - Your Personal Life (*Patience; Kindness; Goodness*)
 - Your Public Life (*Faithfulness; Gentleness; Self-control*)
- Which of the "Top 10" spiritual disciplines (below) do you think will help you develop more of the fruit of the Holy Spirit in your life? What are some reasons you think that's true?

Prayer/ Intercession	Scripture Reading	Scripture Memorization	Sabbath Rest	Fasting	Tithing/ Offering	Serving	Witnessing	Meditating/ Journaling	Solitude/ Silence
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Y YIELD

What are some ways that you can yield (*give the right of way*) to the Lord in this season?

SAMPLE PRAYER:

"Lord, help me cultivate more of the fruit of the Spirit in my life this year. Help me abide in You, meditate on Your Word, and demonstrate Christlikeness to others more often this year."